



Gifts that don't cost a Cent....

1. **THE GIFT OF LISTENING** - But you must REALLY listen. No interrupting, no daydreaming, no planning your response. Just listening.

2. **THE GIFT OF AFFECTION** - Be generous with appropriate hugs, kisses, pats on the back and handholds. Let these small actions demonstrate the love you have for family and friends.

3. **THE GIFT OF LAUGHTER** - Clip cartoons. Share articles and funny stories. Your gift will say, "I love to laugh with you".

4. **THE GIFT OF A WRITTEN NOTE** - It can be a simple "Thanks for the help" note or a full sonnet. A brief, handwritten note may be remembered for a lifetime, and may even change a life.

5. **THE GIFT OF A COMPLIMENT** - A simple and sincere, "You look great in red", "You did a super job" or "That was a wonderful meal" can make someone's day.

6. **THE GIFT OF A FAVOR** - Every day, go out of your way to do something kind.

7. **THE GIFT OF SOLITUDE** - There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.

8. **THE GIFT OF A CHEERFUL DISPOSITION** - The easiest way to feel good is to extend a kind word to someone. really it's not that hard to say. Hello

