

Know your options for diabetes supplies



Members of the State of New Hampshire Employee Health Benefit Plan can save money and maximize their health benefits by knowing how medical supplies and equipment may be covered.

Certain items for managing diabetes, as well as other medically necessary supplies and equipment, may be covered at no cost when using one of Anthem's approved in-network durable medical equipment (DME) and medical supplies providers. You can contact Anthem Member Services at **800-933-8415** to see if you need preapproval before ordering.

These include:

Blood glucose (sugar) self-testing equipment and supplies

- Blood glucose monitors and test strips
- Lancet devices and lancets
- Needles and syringes for administering insulin

Durable medical equipment to help manage diabetes

- Flash or continuous blood glucose monitors
- Insulin pump and infusion sets
- Therapeutic shoes or inserts



We can help

If you have questions about your health plan benefits or need help finding a DME supplier in your plan's network, call Anthem Member Services at **800-933-8415**, Monday through Friday, 8 a.m. to 9 p.m. ET.

You can also visit [anthem.com](https://www.anthem.com) and use the Find Care tool to search for participating DME providers.

Preapproval may be necessary. Limitations and exclusions may apply. Refer to your Benefit Booklet for more information.

Prescription drugs and associated supplies to help manage diabetes

Insulin, along with certain supplies for diabetes management, are covered through your pharmacy benefit with Express Scripts. You may need to pay a copay.

Please contact Express Scripts Member Services at **866-544-1798** for more information.

