

State employee health plan subscribers can complete the Health Assessment Tool (HAT) on or after January 1 and earn a \$200 Health Reimbursement Arrangement thru ASIFlex. State employees enrolled in the health plan can earn up to \$300 in Health Reward gift cards after they complete the HAT in 2024. Register or log into Mobile Health to get started!

What can you do?	What can you earn?	What type of reward?
Health Assessment Tool (HAT)	\$200	HRA Deposit
Annual Flu Vaccination*	\$100	Amazon or MasterCard Gift Card
Mobile Health 5,000 Point Library	\$100	Amazon or MasterCard Gift Card
Know Your Numbers Biometric Screening*	\$100	Amazon or MasterCard Gift Card
Preventative Care Screening* (up to two per year)	\$100 per screening	Amazon or MasterCard Gift Card
New in 2024: Complete Two Digital Therapeutics Programs	\$100	Amazon or MasterCard Gift Card

\*Indicates claims-based reward. Please plan and allow 45-60 days from date of service for claim to process and for reward to be applied.

Find frequently asked questions and additional Health Reward details at:

https://das.nh.gov/riskmanagement/active/wellness/earn-incentives.aspx

Don't have a mobile device?

Access the Mobile Health app from your computer:

https://www.mobilehealthconsumer.com/web/pages/login.html





Available in App Store & Google



