## POINT OF SERVICE HEALTH PLAN BENEFITS NHTA

BENEFIT HIGHLIGHTS	In network benefits	Out of network benefits
Primary Care Physician (PCP) Office Visit		
Preventive Care for children and adults	No charge	80%*
Immunizations Medical Core for Ulmoss or Inium	No charge	No charge 80%*
Medical Care for Illness or Injury Surgery Performed in the Physician's Office	\$10 per visit \$10 per visit	80%* 80%*
Routine Mammograms, PSA, Pap Test	No charge	No charge
Routile Mainingfailis, 157, 14p 16st	i to enarge	i to charge
Specialty Physician Office Visit Office Visits: Consultant and Referral Physician Services	¢20	900/*
5	\$20 per visit No charge	80%* 80%*
Allergy Treatment/Injections Surgery Performed in the Physician's Office	\$20 per visit	80%*
Inpatient Hospital Services – includes	No charge	80%*
Semi-Private Room and Board	No charge	0070
Diagnostic/Therapeutic Lab and X-ray		
Inpatient Hospital Doctor's Visits/Consultations		
Outpatient Facility Services		
Operating and Recovery Room	No charge	80%*
Diagnostic/Therapeutic Lab and X-ray	No charge	80%*
Physician & Outpatient Professional Services	No charge	80%*
Laboratory and Radiology Services		
MRIs, CAT Scans and PET Scans	No charge	80%*
Other Laboratory and Radiology Services		
Outpatient Hospital Facility	No charge	80%*
Independent X-Ray and/or Lab Facility	No charge	80%*
Short-Term Rehabilitative Therapy	No charge	80%*
(includes cardiac rehab, physical, speech and occupational therapy)		
up to \$3,000 per calendar year for all therapies combined		
Chiropractic Services	No charge	80%*
20 visits maximum per calendar year	110 enange	0070
Prescription Drugs		
Retail (per 31 day supply)		
Generic drugs	\$10 copayment	n/a
Formulary brand drugs	\$20 copayment	
Non-formulary drugs	\$35 copayment	
Mail Order Drug: generic, formulary brand, or non-formulary	2 x the applicable 31 day copayment	
(per 90 day supply) Emergency and Urgent Care Services		
Physician's Office – PCP or Specialty Physician	\$10 per visit to PCP, \$20 per visit to	\$10 per visit to PCP, \$20 per
Physician's Office – PCP of Speciarty Physician	Specialty Physician	visit to Specialty Physician
Hospital Emergency Room/Urgent Care Facility	\$50 copayment per visit (copay	\$50 copayment per visit (copay
	waived if admitted or if referred by	waived if admitted or if referred
	PCP or treating physician)	by PCP or treating phsyician)
Ambulance	No charge	No charge
(If not a true emergency, emergency care services not covered)		
Inpatient Services at Other Health Care Facilities	No charge	80%*
Skilled Nursing, Rehabilitation and Sub-Acute Facilities		
30 days combined maximum per calendar year		
Maternity Care Services	¢10	900/ *
Initial Office Visit to Confirm Pregnancy All other office visits	\$10 No charge	80%* 80%*
Delivery	no charge	0070
Hospital Charges	No charge	80%*
Physician Charges	No charge	80%*
Home Health Services	No charge	80%*
Hospice Care Services	No charge	80%*
Family Planning Services		
Office Visits (tests, counseling)	\$20 per visit	80%*
Vasectomy/Tubal Ligation (excludes reversals)		80%*

BENEFIT HIGHLIGHTS	In network benefits	Out of network benefits
(Continued)		
Infertility Services Office Visit (Tests, Counseling) Hospital Charges Coverage will be provided for the following services: Testing and treatment services performed in connection with an underlying medical condition. Testing performed specifically to determine the cause of infertility. Treatment and/or procedures performed specifically to restore fertility Artificial Insemination	\$20 per visit No charge	80%* 80%*
<b>TMJ - Surgical and Non-Surgical</b> – case-by-case basis. Always excludes appliances and orthodontic treatment. Subject to medical necessity. Physician's Office Hospital Charges	\$20 per visit No charge	80%* 80%*
Mental Health Services Inpatient Outpatient	No charge No charge	80%* 80%*
Substance Abuse Services-limited to \$5,000 per calendar year, and limited to \$10,000 per lifetime Inpatient Outpatient Services Durable medical Equipment/External Prosthetic Appliances	No charge No charge No charge	80%* 80%* \$100 deductible per member
Vision Care Eye exam	No charge	80%*
Exam Frequency Under age 19 – limited to one exam every calendar year Age 19 and over – limited to one exam every two calendar years		
Annual Deductible Individual Family Annual Out-of-Pocket Maximum (OOPM) for Prescription	None None	\$150 \$450
Drugs Individual Family	\$1,000 \$2,000	n/a
Annual Out-of-Pocket Maximum (OOPM) for all other medical costs** Individual Family Coinsurance	\$500 \$1,000 No (except where noted above)	\$900 \$2,700 80% where noted

\*Deductibles apply \*\*Credits toward the in-network OOPM accrue separately from credits toward the out-of- network OOPM All out of network services limited to reasonable & customary limitations

## **Benefit Exclusions**

Your plan provides coverage for medically necessary services. Your plan does not provide coverage for the following except as required by law:

- 1. Services that are not medically necessary, except specifically outlined preventive care.
- 2. Charges which the person is not obligated to pay.
- 3. Charges made by a hospital owned by or performing services for the U.S. government if the charges are directly related to a sickness or injury connected to military service.
- 4. Custodial services not intended primarily to treat a specific injury or sickness, or any education or training.
- 5. Experimental, investigational or unproven procedures and treatment.
- 6. Cosmetic surgery or therapy.
- 7. Reports, evaluations, examinations, or hospitalizations not required for health reasons, such as employment, insurance or government licenses and court ordered forensic or custodial evaluations.
- 8. Treatment of the teeth or periodontium, unless such expenses are incurred for: (a) charges made for a continuous course of dental treatment started within six months of an injury to sound natural teeth; (b) charges made by a Hospital for Bed and Board or Necessary Services and Supplies; or (c) charges made by the outpatient department of a Hospital in connection with surgery.
- 9. Reversal of voluntary sterilization procedures.
- 10. Certain infertility services.
- 11. Transsexual surgery and related services.
- 12. Treatment for erectile dysfunction. However, penile implants are covered with an established medical condition is the cause of erectile dysfunction.
- 13. Therapy to improve general physical condition.
- 14. Eyeglasses, hearing aids or examinations and prescriptions fitting, except as provided in the Certificate or Summary Plan Description.
- 15. Charges for the maintenance and repairs of external prostheses due to misuse.
- 16. Surgical treatment for correction of refractive errors, including radial keratotomy.
- 17. Prescription and non-prescription drugs, except as provided in the Certificate or Summary Plan Description.
- 18. Routine foot care.
- 19. Any injury or sickness arising out of, or in the course of, any employment for wage or profit
- 20. Charges for consumable medical supplies other than ostomy supplies and urinary catheters. Excluded supplies include but are not limited to bandages and other disposable medical supplies, skin preparations and test strips, except as provided in the Certificate or Summary Plan Description.
- 21. Charges in excess of reasonable and customary limitations.
- 22. Charges for medical and surgical services intended primarily for the treatment of control of obesity.
- 23. Speech therapy which is not restorative in nature.
- 24. Artificial aids, including but not limited to orthopedic shoes, arch supports, elastic stockings, dentures and wigs.

**Please note:** This list of benefit highlights describes some of the benefits, terms of coverage and exclusions under your POS plan. A complete description of the benefits, terms of coverage, exclusions and limitations is provided in the Summary Plan Description.